

# SONYA WILKINS

## ARTIST STATEMENT

My practise is driven by my desire to reconnect people with the healing power of nature using clay and ceramics as a conduit for increased wellbeing. I curate immersive art installations, make functional clay and ceramic vessels (acting as activators for wellbeing) and deliver biophilia & creativity workshops.

I use earth, clay and universal life force energy (Reiki), amalgamated with other mediums such as projection, sound and aroma, to engage all senses. I bring the outside, inside, just for a moment so we can remember our biophilia (our innate connection to nature).

This amalgam holds the potential to raise the frequency of a person's personal energy field (aura); raising wellbeing and in doing so, highlighting the value of nature in our lives. As a consequence, our collective anthropogenic responsibility is raised, to help heal our planet and the connective life it supports.

## EXPERIENCE

CREATIVE MENTOR AT BATH SPA UNIVERSITY, POSTGRADUATE RESIDENCY 2025-PRESENT DAY

Facilitator for quarterly group critique meetings; offering guidance and advice to the artist community. Delivering various inspiring and developmental workshops.

STUDIO RESIDENCY AT 'EMERGE' POSTGRADUATE RESIDENCY, BATH SPA UNI 2023-2025 (2 CONSECUTIVE YEARS)

Delivering 'The Versatility of Clay' workshops for BA students at Locksbrook Campus; Running 'Biophilia & Creativity' workshops; Facilitating MAFA student drop in support sessions.

PROFESSIONAL CERAMICIST, SONYA WILKINS CERAMICS 2023-PRESENT

Business Owner; Product Research, Testing & Creation (complete supply chain, customer journey, to face to face sales at national shows); Merchandising & Display Curation; Marketing; Website Design & Development; Design & Creation of 'Unearthed' publication; Accounting; Strategic Planning & Business Management.

PROFESSIONAL CERAMICIST, SONYA CERAMIC ART – 2016-2023

Business Owner; Product Research, Testing & Creation (complete supply chain, customer journey, to face to face sales at national shows); Merchandising & Display Curation; Marketing; Website Development; Accounting; Strategic Planning & Business Management.



## PERSONAL DETAILS

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## EDUCATION

MA Fine Art (Ceramics)

*Distinction*

Bath Spa University | 2023

BA (Hons) Ceramics

*Upper Second Class (2.1)*

Bristol Bower Ashton | 1995

Art & Design Foundation

*Distinction*

Bristol Bower Ashton | 1992

Clifton High School | 1978-1991

A Levels

*Art 'A' | Biology 'C'*

GCSE's

*5 x B's | 4 x A's*

## QUALIFICATIONS & SKILLS

MBTI Coaching

OPQ Personality Testing

Reiki Master Teacher

Quantum Touch® Level II

Crystal Therapy Diploma

Integrated Healing Level II

Certificate in Training Practice

Mendip Croft, Celtic Way, Bleadon, North Somerset, BS24 0NA +447790012238

[www.sonyawilkins.com](http://www.sonyawilkins.com)

## EXPERIENCE CONTINUED

COMMITTEE MEMBER, WEST COUNTY POTTERS ASSOCIATION;  
SOUTH WEST 2024

Website Officer Role; Team Management; Meeting Facilitation; Website Development; Website Dev. Consultation; Google Analytics Reporting; Strategic Planning.

GALLERY PARTNER, SATORI GALLERY; BRISTOL 2016-2018

Event Management; Exhibition Curation; Artist Selection; Marketing & Social Media; Public Relations; Website Development;

CERAMICS SPECIALIST, CLIFTON HIGH SCHOOL; BRISTOL 2013-2016

Managing Ceramics Studio & Kiln Room; Teaching Ceramics Club (ages 10-18yrs); Art Technician Duties; Curation Support to Head of Art; Facilitating Whole School Art Events; Invigilation Duties; Preparing End of Year Art Displays.

HOLISTIC THERAPIST, MENDIP REIKI HEALING ARTS 2014-PRESENT

Business Owner; Client Consultation; Delivering Tailored Holistic Treatments; Facilitating Gatherings; Marketing; Website Development; Accounting.

PEOPLE DEVELOPMENT CONSULTANT, ASTRAZENECA; 1999-2006

Supporting Strategic Change Management; Delivering Leadership Programmes; Designing & Delivering Team Building Workshops; Delivering Performance Management Training for Senior Managers; Delivering Coaching Skills Workshops; Delivering 1:1 Career Anchors; Administering Personality Testing; Using High Impact Presentation Skills; Using Facilitation Skills.

## TIMELINE OF NATIONAL SHOWS & EXHIBITIONS

2026

Royal Society of British Artists Annual Exhibition, Mall Galleries, London

'Wildwood' Exhibition, Sanctuary Gallery, Gloucestershire

'The Colours of Country' Exhibition, Graystone Gallery, Edinburgh

Potfest, Shaftsbury

Celebrating Ceramics, Waterperry Gardens, Oxford

2025

Fusion Exhibition, Royal United Hospital, Bath

'Curious Creative Minds' Exhibition, Holburne Museum, Bath

'Spring into Summer' Exhibition at Heritage Courtyard Studios, Wells

Celebrating Ceramics, Waterperry Gardens, Oxford

Studio 22 Pop Up Shop, Bath

Potfest 'In The Pens', Penrith

The South West Academy of Fine & Applied Arts Open Exhibition, Sidmouth

Wonderworks Contemporary Craft Fair, Chagford, Devon

## TECHNICAL PROFICIENCIES

Ceramic Fabrication: Wheel thrown and hand built vessels

Ceramic Glaze Technology: Reduction & Oxidation Fired Stoneware

Academic Research: 'Ceramic Vessels As Activators For Wellbeing' MAFA Dissertation | 2023

## AWARDS, ARTICLES & OTHER ACHIEVEMENTS

John James Art Award 1991

West Country Potters Association Magazine, Double Spread Article Issue No. 199

Podcast Interview 'An Art To It' Episode 47, 30th Jan 2026

## DELIVERY OF ONLINE COURSES

Pottery, Clay & Leaves Online Course with Udemy (154 worldwide students to date)

Wellbeing & Relationship Coaching Online Courses with Udemy (1,650 worldwide students to date)

Life Purpose Online Coaching Course 'IKIGAI' with Udemy (506 worldwide students to date)

## DELIVERY OF IN PERSON WORKSHOPS

'Soil to Soul' Workshop Collaboration with Susannah Crook Pigment Artists | North Somerset Studio & Yurt | 9th May 2026

2024

Thrown, Winter Online Exhibition  
FORM24, Sculpture By The Lakes, Dorchester  
Biophilia & Creativity Workshop, Bath Spa University  
Fringe Arts Bath, 'Wilderness Commons' & 'Alt Wilderness' Exhibition  
Celebrating Ceramics, Waterperry Gardens, Oxford  
Biophilia & Creativity Workshop, Bath Spa University  
Aga Kubish Gallery, Winter Exhibition, WSM  
Art in Clay, Farnham

2023

Art in Clay, Farnham  
Sculpture By The Lakes, 'ARBOR' Workshops  
Master in Fine Art (Ceramics) Final Show  
Celebrating Ceramics, Waterperry Gardens

2022

Art in Clay, Farnham  
RHS Rosemoor, Group Exhibition  
Wedmore Sculpture Exhibition  
Showborough House, Garden Sculpture Exhibition  
Bristol Botanical Gardens, Easter Sculpture Festival

2021

West Bristol Art Trail (Exhibitor & Venue Co-ordinator)  
Frampton Country Fair, Craft Marquee  
North Somerset Art Week (Venue 3)  
Celebrating Ceramics, Waterperry Gardens  
ITV Showcase on 'Love Your Weekend' Alan Titchmarsh Series 2, Episode 3

2020

West Bristol Art Online Trail  
BBC2 'The Great British Menu' (Chef Niall Keating Uses My Pond Lily Leaf Dishes for the Semi Finals)

2019

Oxford Botanical Gardens, Christmas Fair  
North Bristol Art Trail Venue 21  
Nature in Art, Twigworth Wallsworth Hall Gallery  
West Bristol Art Trail Exhibitor & Venue Co-ordinator (Venue 29)  
Tyntesfield National Trust Market  
Frampton Country Fair, Craft Marquee  
The Bristol Guild, 'Six in The City' Group Exhibition  
Showborough House, Garden Sculpture Exhibition

2018

North Bristol Art Trail (Venue 21)  
Brackenwood Art & Craft Fair  
Westonbirt Arboretum, Great Oak Hall Group Exhibition  
West Bristol Art Trail (Venue 25)  
Malvern Autumn Festival, 3 Counties Show Ground  
Blenheim Palace, Flower Show  
RHS Malvern Flower Show, 3 Counties Show Ground

## DELIVERY OF IN PERSON WORKSHOPS CONT.

Artists Crit Group Facilitation |  
Bath Spa University, Sion Hill  
Campus | Quarterly, Ongoing

ABORE: Tree Vessels Workshop x2  
at Sculpture By The Lakes |  
October 2023

Biophilia & Creativity Group  
Workshop, Bath Spa Sion Hill  
Campus | June & October 2024

Clay Creativity Workshop x2 for  
Interior Design Students at Bath  
Spa Locksbrook Campus |  
November 2023

2017

Bristol Artisan Show, Royal West of England Academy

North Bristol Art Trail (Venue 22)

West Bristol Art Trail (Venue 25)

The Artful Dodgers, Group Exhibition 1

Satori Gallery, Launch Exhibition with Lillian Delevoryas

The Artful Dodgers, Group Exhibition 2

2016-2014

West Bristol Art Trail (Venue 26)

BS9 Art Trail

Steak of The Art, Bristol Harbourside, 'Passion' Solo Show

Grant Bradley Gallery, Solo Exhibition, 'Passion' Solo Show

## REFERENCES

Ms Charlotte Godfrey  
Manager at 'Emerge'  
Postgraduate Residency  
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